



Just as people enjoy various cuisines, so too, lifestyles. What one person would consider a successful life might hold very little interest for someone else. The ingredients to choose from in the cookbook of life might be broadly similar-honestly, thrift, patience, diligence, ambition, knowledge, status, affection, etc.-but their proportions differ depending on the kind of dish that is desired. One person may want to prepare a recipe leading to financial success, another to acquire celebrity, while yet a third may prefer self-satisfaction. One focus may be on family, another on athletics. And, of course, taste-desired also change over time and altered circumstances. So the would-be chef needs to have a well-thought out plan for the entire course before he actually starts to do the cooking.

COMPREHENSION:

1. What two subjects are metaphorically combined throughout the essay?
2. The first sentences is elliptical-instead of certain key words being repeated in the structure of the sentence, they are merely left out-What would the missing words be in this case?
Do you see other examples?
3. What is the main ingredient in the recipe of life?

EXPRESS YOURSELF:

1. What is your definition of “a successful life”?
2. Based on your definition, what ingredients should you combine to become a success?
3. What would your recipe be for getting rich?
4. Sometimes people with obvious handicaps achieve more than their “normal” fellows-why do you think this is so?